



BIOGRAPHY

FULLER Meredith; BA (Psychology) (Monash), MSocSc (Career Behaviour), GradDipVocationalCounselling (RMIT); Psychologist and Director, Meredith Fuller and Brian Walsh Pty Ltd since 1989; Writer; Media Spokesperson, Australian Psychological Society (APS); Career Change Specialist; daughter of: Peter Fuller and Judith Pugh; b. Feb. 15, 1956, McKinnon Vic.; ed. Moorleigh H Sch., Bentleigh H Sch., RMIT, Monash Univ.; career: num. media roles incl.: Columist Careers Q+A ninemsn.com since 2007, Regular Guest Psychologist ABC Radio Nat. since 2000, Weekly Columnist `Body Talk' Sunday Magazine Sunday Herald Sun 2000-03, Co-Presenter `Talk of the Town' (talkback program) Radio 3UZ 1993-96, Columnist var. publns incl.: Jrnal of Aust. Psychological Type Review since 1997, House & Garden, New Idea, Daily Telegraph, former Commentator `Body & Soul' Channel Nine; Team Ldr Careers Counselling Svce Deakin Univ. 1979, Employment Advr Youth Job Centre Cwealth Govt 1978; Life Memb. Aust. Assn for Psychological Type (AusAPT); Co-Facilitator Personal Growth Grps Augustine Centre 1978-86; publications: num. chapters, reviews and articles on psychology incl.: Working From Home Alone: Happy or Horrific? 2002, The Artist The Headhunter and the Playwright 2003, The Crayfish The Shashlick and The Flaming Peacock: True Tales From the Hospitality Trade and Publishing Too 2004, Doing Beloved Work: Finding Truth In Your Career 2005; Plays: Come as You Are: Work and Having Babies in the Future 2001, Stalk Stalking Stalked 2002, Love@Work: Doing Beloved Work Finding the Truth in your Career 2006, Career Change By Coffee Analysis; m. Mar. 27, 1982 Brian Walsh, son of: Frank and Jo Walsh; recreations: portrait photography, rottweilers, filmmaking and screenplays; clubs: Coll. of Counselling Psychologists (APS), Fellowship of Aust. Writers

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Which female leaders have provided you with inspiration in your public life? "Dr Morna Sturrock AM: In her 80s and still cracking a frenetic work pace, my `fairy godmother' is a journalist, historian, community activist and mentor. Isabel Davies: Assemblage artist and prime mover in Women's Art Register, a leader and mentor, a dynamo nearing 80 years. Laura Mitchell: She is 94 and founded the `Australian Academy of Dance' over 75 years ago and only recently retired from her involvement in teaching and judging dance competitions throughout Victoria."

What advice would you pass on to women wishing to follow in your footsteps? "Stay curious and keep learning. Reflect on your unconscious process. Be true to yourself and your values. Contribute to people, community and society with alacrity."

What does your state mean to you? "Groundbreaking writers, artists, architects and intellectuals."

What is your favourite place or icon within your state? "Great Ocean Road: a meaningful journey that celebrates the uniqueness of our Victorian coastline."

Who do you believe is the most outstanding contributor to your state and why? "The leaders at the Alfred Hospital, RMIT, VCA, World Vision and Holmesglen TAFE, who model best practice in human service and pioneer creative innovation."

Your own words or thoughts: "Be curious, self-reflective and true to yourself so you can be the best you can be. Allow people to accompany you on your journey: friends, mentors, counsellors, etc. Be yourself and appreciate diversity and difference in others. Follow your passions and interests. To be able to love and be loved is the glue that binds humanity."